

Breakfast

Morning Oats • 21

Warm oat porridge, sweet roasted rhubarb, mixed seeds & sprinkled with crunchy granola

Ricotta Pancakes • 25

Topped with mix berry compote, Creme fraiche & maple syrup

Avocado Croast • 25

Pressed croissant topped with guacamole, poached egg, rocket & parmesan snow
Add smoked salmon +8

Breakfast Burger • 23

Soft fried egg, streaky bacon, mashed avocado cheese, hashbrown & mayonnaise

Avo & Chilli Eggs • 25

Tomato and avocado salsa with black beans, chilli lime and coriander, topped with poached eggs, Multigrain Toast

Luxe Toast • 9

Sourdough or Multigrain
Fig & raisin +2 or Gluten free +2
Strawberry Jam - Vegemite - Peanut butter

Eggs Your Way • 16

Free range poached, fried or scrambled eggs, toasted sourdough

le Champignon • 25

The Cove style of open egg omelette topped with champignon mushrooms, fresh ricotta, mix herbs parmesan + toast

Benny Royale • 26

Smoked salmon and spinach on toasted brioche, poached eggs, hollandaise

Bubble & Squeak Benny • 26

Sautee' potatoes, cabbage, peas & bacon, poached eggs, hollandaise sauce + sourdough

Corn Fritters • 22

Tomato & avocado salsa, beetroot puree, balsamic glaze
Add 1 poached egg +4
Add Bacon +6

Shakshuka • 28

Cannellini beans & capsicum braised with tomato sugo, cumin, pork sausage, poached eggs & toasted focaccia

Big Breakfast • 32

Eggs your way with streaky bacon, Cumberland pork sausage, roast tomatoes, hashbrowns, toasted sourdough

No alterations / substitutions to menu

All our breads contain gluten, however we can do gluten free bread on request (+2)

Sides

HERB ROASTED TOMATOES • 6

GARLIC MUSHROOMS • 6

HASH BROWNS • 6

STREAKY BACON • 6

GRILLED HALLOUMI • 6

SAUTE' SPINACH • 6

AVOCADO • 6

CUMBERLAND SAUSAGE • 8

SMOKED SALMON • 8

Mimosa

Orange juice & prosecco • 14



Please order and pay at the counter

Kindly inform your server of any dietary concerns before ordering, as not all ingredients are listed.

Please note that our kitchen handles nuts, shellfish, gluten and eggs.

While we strive to accommodate dietary needs, we cannot guarantee an allergen - free environment.

COFFEE

By Allpress Espresso

Regular 5.5 Large 6.2

Milk alternative: Soy - Almond - Oat +70c

Syrups: Caramel - Vanilla +70c

HOT DRINKS 6

HOT CHOCOLATE - MOCHA - CHAI LATTE - MATCHA LATTE

LOOSE LEAF TEA

By Ovvio Organics 6

ENGLISH BREAKFAST

EARL GREY

PEPPERMINT

GREEN

CHAMMOMILE

HIGH CHAI SPICE

LEMON GRASS & GINGER

PEACH ICED TEA 8

ICED DRINKS

ICED COFFEE - ICED MOCHA - ICED CHOCOLATE 10

ICED LATTE 6/8

Coffee, Ice, Milk

ICED MATCHA 8/10

MILKSHAKES

9

CHOCOLATE

VANILLA

STRAWBERRY

CARAMEL

Soda

PASSION FRUIT SODA 8

MINT INFUSED LEMONADE 8

LEMON LIME & BITTERS 8

COKE - SPRITE - COKE ZERO 6

Bakery

CROISSANT • 8

JAM CROISSANT • 10

HAM & CHEESE CROISSANT • 12

FRESHLY BAKED SCONES • 15

Jam & Cream

BANANA BREAD • 10

BLUEBERRY MUFFIN • 7

Juices

Allies bottled cold press

8 / 12

DAILY GREENS

Green Apple, Celery, Spinach, Lemon, Ginger

PINK LADY

Watermelon, Apple, Strawberry, Lime

SUBLIME PINE

Pineapple, Pear, Green Apple, Lemon, Mint

FRESHLY SQUEEZED • 8 / 12

ORANGE

or

DETOX

Carrot, orange, apple, lemon, ginger

Smoothies

12

TROPICAL

Watermelon, Strawberry, Mango, Apple

CRAZY MONKEY

Peanut Butter, Banana, Milk

ACAI BERRY

Acai Berry, Banana & Coconut Water